

## JUNIOR PLANNING 5 day plan - 23rd - 27th August

These are all just suggestions and you can swap days, times and activities so that it suits you and your child.

Please contact your child's teacher with any questions or help. If you want you can share photos of what you have been doing at the end of the day or week through the class email list.

Free on-line Reading at Oxford Owl <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

	<u>Suggested Times</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b>Activity time</b>	<a href="#">Diggory the Dump truck</a> A children's <b>YOGA</b> adventure all about working as a team. We join Jaime and Diggory on an adventure with all the other toys- to try to save Derek the Diplodocus's tail!	<b>RIVER JUMP</b> Put two sticks on the floor about half a metre apart. Jump with two feet from one side of the river to the other. See which is the biggest river you can jump over.	<b>DANCE</b> Just put on some music and boogie. You now have your very own dance party. You could also just do this during family time.	<b>HULA HOOPING</b> Try spinning the hula hoop around your tummy, arm and leg. If you don't have a hula hoop, try skipping or star jumps outside. Watch your shadow as you jump.	<b>BALL SKILLS</b> Get a ball and go outside. Throw the ball against a wall, bounce it on the ground or throw it up in the air. Count how many times you can do this without dropping the ball
	<b>Academic time</b>  <b>Recycling</b>	The town of Abberdoo-Rimey is so trashy & slimy! They need a Hero. They need Michael Recycle! <a href="#">Michael Recycle</a>	Watch the video Recycling Plastic, Glass and Paper  <a href="#">Recycling</a>	This is a short story about the effects of throwing litter on the ground and how it can affect nature.  <a href="#">The messy magpie</a>	Story writing If you were a superhero like Michael Recycle (book from Mondays plan) what would your superpower be and what would you do with it?	Fun fact Recycling one tonne of paper can save 17 trees.  Listen to the story <a href="#">The Lorax</a>
	<b>Creative time</b>	Go on a litter hunt.... Find 5 things that you can reuse/recycle in your craft time. For	Make a poster or draw a picture to show someone who doesn't understand about	Make a sign for your post box requesting no junk mail	Draw yourself as a superhero. What does your outfit look like? Do	Make your own paper Watch this <a href="#">video</a> A sieve will work just as well as a wooden frame, your

		example an egg carton, plastic bottle, yoghurt pots or toilet rolls. Make a rubbish eating monster from these items.	recycling where to put things in the correct places. Recycle or Trash?	<b>In preparation for Friday's creative time, tear newspaper into small pieces and put in a plastic container filled halfway with water. Soak for at least 24 hours.</b>	you have a mask? Who is your sidekick?	paper will just be circular. Try using silicone shapes for a different shape. Have fun.
	<b>Lunch</b>					
	<b>Responsibility time</b>	Try some of Michael Recycle's green tips. Walk around the house and switch off any appliances that you are not using.	Recycling occurs when you take reusable materials to places where they can be remade into either the same product or new products, rather than to just toss them away. Collect glass, plastic, paper, cans etc and place in your recycling bin or turn vegetable waste into fertiliser with a compost bin.	Reducing is not producing waste in the first place. Go and put your newly created sign on your postbox.	Have a clothing/ toy sort out and donate the old items to charity shops so that someone else may get use from them.	Collect some glass jars from your recycle bin so they can be used again for storage.
	<b>Quiet time</b>	Go on a listening walk around your garden or neighbourhood. When you get back, draw what you heard. It may have been a bird, car or even the wind.	Ask an adult to put some relaxing music on and get out your favourite pens and paper and draw.	Create a 'green' world with your lego blocks, or use an old shoe box and cardboard bits.	Have a walk in your garden and look for birds like the messy magpie and insects. Draw what you see. Remember to look closely.	Find your favourite book and tuck up somewhere cosy to read it.

	<p><b>Maths/ Science time</b></p>	<p><b>Basic facts</b> Roll 2 dice. Add the numbers together (addition) or take the smallest number away from the biggest number (subtraction). Do this ten times.</p>	<p><b>Problem solving</b> Recycling one plastic bottle saves enough energy to power a light bulb for 6 hours. If you recycled 3 plastic bottles how many hours could you power a light bulb for ?</p>	<p><b>Experiment</b> How to <a href="#">video</a> Press some flowers or leaves. You may want to use these in your hand made paper on Friday.</p>	<p><b>Bottle Bowling</b> - reuse old plastic bottles as pins. Find 5 plastic bottles, write a number between 1 and 5 on each bottle. Try to knock them over with a small ball and add the numbers of the bottles you have knocked down.</p>	<p><b>Capacity/Estimation</b> Have fun washing your glass bottles in a plastic tub. Estimate which bottle holds the most or least water. Pour from one bottle to another to check your estimate. Fill the bottles to different heights. Play a tune on them. What do you notice about the different levels of water?</p>
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