



**Supporting Your Child Following Separation & Divorce**

This program has been developed to meet the needs of parents/caregivers supporting children through family change. It provides an opportunity to better understand the experience of separation f**rom a child’s perspective.** We will explore ideas & strategies that may be helpful as you support your child’s transition through family change.

This distinctive child-centred approach provides emotional space & a non-judgemental environment for parents to wonder, share, discuss and learn how to care for and nurture their children after separation & divorce.

**Warkworth Groups Starting**

1. Evenings – June 27th
2. Mornings – August 4th

**Support Programme for Adults Experiencing Grief and Loss.**

**Seasons** Adult Groups are for those experiencing loss, grief or change in their daily lives. This may be due death, separation/divorce, or other significant life change.

**Warkworth Groups Starting**

1. May 23rd to June 13th
2. August 8th to August 29th

Contact - Co-ordinator : Ph 021 0813 3586

seasonswarkworthwellsford@gmail.com